

ROOT CANAL TREATMENT

Post Treatment Care

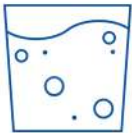
Now that you have finished your treatment, **oral health is your own responsibility**, so it's very important for you to follow the next recommendations to ensure success.



EATING: It's very important to avoid any kind of pressure after your treatment has been completed. Follow a **soft diet during the first 3 days after surgery**, and avoid the use of straws and toothpicks.



MEDICATION: Take the antibiotics and pain relieving pills **as prescribed by your dentist**. Even if there is **no swelling or infection**, you must **follow** the prescription rules in order to have a **successful healing process**.



Take pain killers **only when needed**, but if pain persists and seems to get worse after the **first couple of days**, or you have a **reaction to medication**, please **contact Sani Dental Group as soon as possible** so one of our dentists can help you.

You can rinse your mouth with **warm water mixed with salt**, several times a day during the the **first 48 hours after treatment**.



HYGIENE: Keep the area clean, **brush and floss gently** for the next **48 hours**.



SMOKING: Smoking and vaping **slow the healing process and increase the risk of having an infection**. Avoid smoking tobacco and/or marihuana and vaping for the **first week after the surgery**.

Discomfort is normal after having a Root Canal Therapy but **call us if you feel an uneven bite, pain or sensitivity that increases or continues after one full week**, or if